



ORGAN OF THE SRI LANKA MAGIC CIRCLE

www.srilankamagic.org

The Official Guardian of Magic

December 2012

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Seasons Greetings

and



Best Wishes for a Magical New Year

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SLMC Monthly Get Together November 2012

The Members Monthly Meeting for November commenced around 10 a.m. The following members and guests attended.

It was a lively meeting with several non-magic presentations too. As usual General Secretary Devsiri Fernando welcomed everybody and specially recognized a few members who had travelled from far to attend the meeting. Several members had informed their inability to attend prior to the meeting and he read out their names and requested if any members is unable to come to kindly inform prior to the meeting.



There was a representative from the Ceylinco Insurance Vehicle Insurance division. He explained about different

types of vehicle insurance and also how to select a policy for your vehicle. This was followed by a lively question and answer session where members clarified several points regarding insurance with him.



A highlight of this Meeting was that three persons took their oaths and joined the Sri Lanka Magic Circle. Two of them were junior members and the other was an adult member. The Oath was administered by Senior Vice President Rohan Jayasekera.

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**NEXT MEMBERS DAY
SUNDAY JANUARY 27TH
2013**

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Thereafter VP Shelton conducted a training session. His training was solely on Silk Magic as we are due to have a Silk Magic Mini Contest early next year.



Several members voluntarily came up and performed magic tricks.



First was Lalith Wickramasinghe who gave a polished performance of several tricks.

He was followed by our Surgeon Member from Anuradhapura Hospital Dr. Weerawardana.



A Man to Admire

Our Vice President Training is a man to admire. On the day of the last meeting was also the day his sister who had passed away was being buried. Even though he had many tasks to attend to in connection with the funeral, he did not forget what he had to do at the SLMC Meeting as VP Training. He came to the meeting with a whole range of silks and conducted training on Silk Magic. His commitment to duty is a fine example for all of us.

We salute you, Shelton!

Next was our evergreen senior member Vice President Chandrasena Gamage who performed some mind-boggling magic.



The next performer was our Optician/Magician S K Dharmapala who performed a few tricks.



The final performance was given by the young lady who had joined the Magic Circle that day. She performed a rope trick for us.



Another Doctor member of ours Dr. Udara Ariyasinghe made a presentation regarding smoking. With the conclusion of his power point presentation, the meeting came to a close.

The following members were present

C. Gamage, Priyantha Gamage, Chrisantha Silva, W A K Weerawardana, Elrae Pereira, K W Silva, Ronald de Alwis, Rohan Jayasekera, S K Dharmapala, Samantha Nanayakkara, K A D Pushpa Kanthi
T J Anthony, Amarasiri Wijesinghe, Hirangani Fernando, Lalith Wickramasinghe, W S Botejue
Joy de Silva, Himasha Peiris, Suranjith de Soysa, M M S Pushpa Kumara, Udara Ariyasinghe, T Jayasekara.

Messages of excuse were received from the following members. Alex Perera, Clarence Heendeniya, Terry Amarasekera, Avishka Perera, Dinesh Thangavel and M U D Cooray

We are trying to have presentations on subjects which are non-magic related. By doing this we hope that the members would be having the benefit of other subjects too by coming for the Magic Circle monthly meeting.

In November we had our own member who is also a doctor and musician making a presentation to us on a health issue. That was Dr. Udara Ariyasinghe who spoke about the Effects of smoking.

We give below a summary of the presentation.

The Effects of Smoking

Dr Udara Ariyasinghe MBBS, MSc (BMI), PG Cert(Med Ed)



Smoking Kills

Smoking does not only kill yourself, but in fact it kills the loved ones around you as well. Smoking Kills

What is an actual cigarette?

A cigarette contains 4,000 chemicals - 109 of them cause cancer.

The 03 most health-damaging chemicals in tobacco smoke are: tar, carbon monoxide and nicotine.

- Tar forms a black sticky mass deposits in lung
 - (a pack of cigarettes a day x for one year = eight ounces of tar. = eight ounces of butter)
 - Carbon monoxide a odorless, deadly gas released from exhausts of vehicles.
 - When inhaled, it removes the oxygen from the body leaving smokers with short of breath.
 - Nicotine causes addiction and dependence
- N.B: a cancer stick (cigarette) in your mouth = sticking your lips against the exhaust pipe of a car and taking a deep breath.

The Long-Term Effects and Diseases of Smoking

- 1) Cigarette Smoking increases your risk of cancer.
 - Cancer is the 2nd leading death
 - Majority (~90%) of all cancer death are caused by lung cancer that is associated with smoking cigarettes.
 - Other cancers -

- bladder,
- Pancreas
- kidney,
- larynx,
- mouth,
- Esophagus
- uterine cervix.

2) Heart disease an important killer; 30-40% were attributable to smoking.

3) Other lung diseases

Eg: Chronic Obstructive Pulmonary Disease = which is chronic bronchitis and/or emphysema

Mucus from the smoke builds up around the lungs and invites bacteria to grow will develop the flu, pneumonia, coughs, tuberculosis, and other breathing problems.

Secondhand Smoke

Secondhand smoke - kills 53,000 Americans each year. - - causes 3,000 lung cancers in non-smokers

If you think about all the chemicals you inhale in your body, your children inhale those same 4,000 chemicals as well. SIDS (Sudden Infant Death Syndrome), occurs twice as more frequently among babies whose mother smokes.

Main messages

- A. The risk is big: about half are killed
- B. Those killed in middle age lose many years
- C. Stopping smoking works
- D. Stopping smoking: avoids lung cancer

What is the process of stopping smoking?

- I. Firstly, a smoker starts to become unhappy about being a smoker. This may occur for a number of health or social reasons;
- II. Next, a smoker needs to want to become a non-smoker;
- III. This is followed by the smoker attempting to stop smoking
- IV. A smoker then has to cope with the withdrawal and any relapses;
- V. Finally, this leads to successful long-term abstinence

It's Your Choice.....!!

Cigarette smoking is the single most preventable cause of premature deaths.....!!

3 New Members and Historical Happenings

History was made at the last General Meeting. For the first time since the Magic Circle was formed over 90 years ago, we had a father and son joining on the same day. This is when Suren Ratnasingham and his son Rakesh took oaths and became members of the Magic Circle.



Suren is the head of the Sri Lankan Airlines Audit Division and his son is a student at St. Thomas' College Mount Lavinia. He is a keen sportsman and an up and coming tennis player.

Also on this day Himasha Peiris the daughter of one of our new members Ms Hirangani Fernando took oaths and joined the Circle. We have many examples of children following parents into the Magic Circle. However this is the first time a child has followed a parent into Magic Circle membership less than one year after the parent joined the Circle.

Mature Wisdom

sent to us by Nihal Weerasinghe who is currently in Texas, USA

An old man was asked:

At your ripe age, what would you prefer to get: Parkinson's or Alzheimer's?"

The wise one answered, "Definitely Parkinson's.

Better to spill an ounce of Scotch than to forget where you keep the bottle".

Visitor from Germany



Fedor Lantzsch is a 66 year old Magician from Germany. According to him he has been performing magic for the past 25 years. He claims he has self-taught magic. Fedor Lantzsch likes to perform Comedy Magic more than any other type and when he is performing magic he doesn't like the audience to be more than 150 persons.

He will be in Sri Lanka during the second half of January 2013. We are trying to make arrangements for him to join us at the January Members Meeting.

Remembrance Service



A remembrance service on the 75th Birth Anniversary of our dear former member and past President Noel Wickramasinghe was held on Friday 21st December at the SLMC premises. The following members were present. VP Terry Amarasekera, VP Chandrasena Gamage, Priyantha Gamage, Michael Fernando, VP Shelton Jayasekera, Thusitha Jayasekera and VP/GS Devsiri Fernando. This Remembrance Service was conducted at our premises at the request of Lalith Wickramasinghe. It was a very appropriate gesture as Noel Wickramasinghe's life was completely entwined with magic.

The Remembrance Service started off with an introduction by VP Devsiri Fernando. The main service was conducted by the very famous compere and well known Pastor Dr. Vijaya Corea. This Service was very well attended by many friends and family members of Noel. At the end of the service a very appetizing array of short-eats were served.