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# THE WAND

ORGAN OF THE SRI LANKA MAGIC CIRCLE

*The Official Guardian of Magic*

February 2018

## The Unanimous Choice For President



## For the Fourth Consecutive Year Rohan Jayasekera

Picture shows past President Joy de Silva placing the Presidential medallion on Rohan

**NEXT MEMBERS DAY SUNDAY 25th February** මහන රැස්වීම 25 වන ඉරිදා



## Let begin with a bang!!! - President Rohan

I am honored to have been elected as the President uncontested for the fourth term. I like to express my gratitude, for all fellow Members for giving me the opportunity and I thank you for your trust in me and the council of SLMC. I hereby accept the obligation, being the President, to work towards the upliftment and betterment of the circle and it's member's. I would be glad if all active, semi-active and inactive members returned, so that we the council would be obliged to organize mega happenings and events for the benefit of the members. More than three decades in the Club certainly meant something to me. I am grateful that being nurtured in the cradle of many a higher officials who served the council in the past, and specially my friend and comrade, Lt. Col. Ronald De Alwis, all these years, I gained tremendous perspectives in life from the Sri Lanka Magic Circle. This marvelous connection shape me up, into a better leader. Till now, I still uphold the value for which without his guidance, the Sri Lanka Magic Circle will not be where it is today. Hope he would extend his

guidance in all our future endeavors as well.

I have confidence in my capable team, to continuously strive to bring up the standard of Sri Lankan magic, by offering a better environment to you, the members, in becoming capable performers.

Dear fellow member and my dearest team, let us work together towards a theme for the next term, 'To Highlight Sri Lanka and it's magician's to the world, at our centenary in 2022'.

Let the new term begin with a bang!!!

## Aim is to build our Circle - EVP Rohith

Let me first thank everyone @ SLMC for electing me as the Executive Vice President. Let me introduce myself to those who don't know me. I joined SLMC long time ago and has been a Life Member for many years. Banker by profession and married with two children. My son too is a Ordinary Member. During the years 2009 to 2012, I was holding Vice President Marketing and had done many programmers in order to uplift SLMC.

"One in a million" is a standard English idiom for 'very very special'. Literally it means "the best out of a million people". **In the Magical world you are "One in a million".**

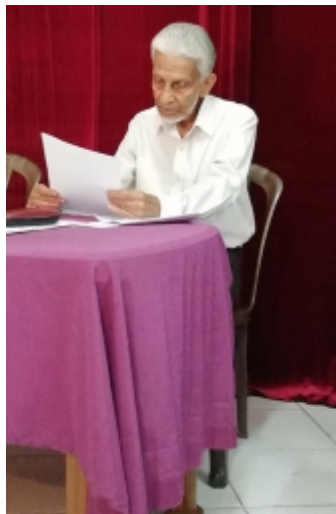
Let's get to gather and build our circle for the betterment of next generation.



## Pictures from the AGM



A satisfied Treasurer presents the audited accounts



Protem Chairman Joy in action for the 4th year in succession



Participants checking the balance sheet



Our youngest Member in full attention

## The practice drill

Choose just ONE trick to work on. Put aside everything else. Practice every day, in small quick sessions. Use a drill principle: running through the complete moves 20 times in the morning and 20 times at night for 20 days.

If you can't do that, just try to do a two 10-minute practice drill every day. Short regular sessions are best. After the 20 days of drilling. Film your performance and watch it back with a critical eye.

If it still needs work, repeat the drill for another 10 days before filming again.

### **One trick - Two short sessions - Every day For 20 days**

***"Practice doesn't make perfect. Practice makes permanent. Perfect practice makes perfect."* - World renowned magician, Michael Ammar**

When you practice magic using this drill technique, don't try to increase your speed, let that happen naturally. Slow is better when you are learning. Speed will come all by itself as you progress through the 20 days of drilling. If you make an error: Stay relaxed Stop Identify where you went wrong, so you don't keep reinforcing the same mistake. Start the move or routine again from the beginning. If you practice magic this way, it will fast-track you as it builds in motor-memory for the trick or move.

Setting a practice drill works because it removes the CHOICE from your practice. Choice is your enemy when it comes to getting things done. You need a fixed path, with no option other than the set practice over a set period of time. Using a drill will help keep you on target and consistently working towards a single goal.

Little and often is best The secret is to practice in short bursts, over several weeks and have intervals between each practice session. The last thing you want to do is 'burn out', so pacing yourself with a practice program you can maintain is much more likely to be stuck to than a massive full-scale practice binge when you remember to do it.

**Happy Birthday  
to all members  
celebrating their  
birthdays in Feb.**



February	2	K W Silva
February	4	Nelson Jayawardane
February	5	Ajith Jayasinghe
February	5	Terry Amarasekera
February	6	H. D. N. Gunasekara
February	7	Shelton Jayasekera
February	7	Anishka Perera
February	12	Nihal Weerasinghe
February	16	M.K.Wimalasena
February	17	L. A. Seneviratne
February	23	Ajith Fernando
February	27	Lester De Silva

In cognitive science there are two forms of learning: Massed learning when you practice and rehearse the material over a short space of time (cramming); Spaced learning small bursts of practice with lengthy spaces between sessions to allow you to consolidate the material.

Massed learning is very hard to sustain over the long term, and daily life is full of distractions and commitments. By spacing your practice, you give your fingers a chance to rest, your mind can mull over the material you have studied, and you will be less distracted by all your other tasks planned that day.

*Rohan Jayasekera*

## Meet your Officers for the year 2018



**Standing left to right - Comm Member Dinesh, DSG Sumitta, Librarian Premalal and Comm. Members Ajith and Vihan**  
**Seated left to right-Tresurer Wijesinghe, VP Asanka, SG Devsiri, President Rohan, EVP Rohith and VPs Whilem and Shelton**

### Pictures from the AGM



President administers the Oath



Some of the participating Members

### THE WAND

If undelivered please return to  
 Devsiri Fernando  
 No. 7, Francisco Place,  
 Moratuwa.